

"Set goals for yourself and make those goals known. The summer internship goes by SO quickly, so be honest and challenge yourself. Ask for professional development

"An absolutely wonderful experience. Do your best to make connections outside of the internship. I did so and I am now working full-time!"

"You get out of the experience what you put into the experience. Ask questions, troubleshoot, and have fun."

"Think strategically about what you want to take away from your NODA internship. If you are interested in having greater autonomy and creative license in your internship, make sure you ask your potential supervisors about that in your interview. One of my priorities was to work at a small, liberal arts college and I got even more out of that experience than I expected. When working with such a small student affairs staff, I had opportunities to take on tasks and projects that are outside of the traditional Orientation, but were great professional development opportunities for me."

"Spend time narrowing down your criteria BEFORE looking through all of the NODA internship opportunities listed - the number of sites can be overwhelming, but when you factor in your criteria (location, dates you can start working/need to return to grad school, pay, amenities, how many interns you want to work with), it helps narrow down your search."

"Trust the process. It works, it may be time consuming but it is worth it in the end."